



Andrew Kerr-Sutherland

District Governor 105N

The Old Schoolhouse, 1 Castlehill, Whithorn, Newton Stewart,
Dumfries & Galloway, Scotland, DG8 8PN

Tel: 01988 501026

e-mail: andrew.tilton@tiscali.co.uk



WE SERVE

Issue 10

April 2020

District 105N Newsletter

Webmaster 105n News

Do you know how to **access your web space**? I have assisted several clubs who for various reasons cannot access their web space. usually the person responsible has left Lions and cannot be contacted, or the company operating the site on your behalf no longer exists

There are two elements to your web space. Your name, the www.clubname.co.uk etc and the hosting space (the bit where your site sits on the internet)

Some packages are integrated and some are separate. The important bit is you need the log in details and password. If you haven't and your webmaster disappears you will have the devil of a job to recover them

So be safe, get your details and store them securely

For instance the district website has two components. The site where the www bit sits and the control panel where emails etc. are set up. I of course have these details but they are also logged with the cabinet secretary. So your district website is accessible in all circumstances

You can send me the details and I will store them on the district database

The **105n team** page on the website has now got District officers emails, mine is web@lionsdistrict105n.org this saves my personal email showing, although I don't mind my email showing I thought the district email looks better

If any DOs would like a district email let me know (just one point when you reply it comes from your email)

Photographs for the website. If you are submitting photographs for the website I need them at full resolution, I can tweak them before using. Low resolution photographs or screen dumps are just not good enough.

In addition to amending club details pages I have put a link on the "Information for clubs" page for all the insurance information

Regards

Lion Brian Ross MJF

Tel 01302 882239

(M) 07976 432610

District N Webmaster

www.lionsdistrict105n.org

District Governor 105N



Fellow Lions, Lionesses, Leos and Partners

I would like to have been writing a more upbeat and exciting message but I can only report that I am, like everyone else, confined to the house. All club visits and Charter engagements by members of the DG team have been cancelled or postponed until further notice. I'm sure many of you, again like me, are catching up on all those jobs around the house and garden that have been neglected due to our busy lives in Lions.

There is still a lot that can be done from home, keeping in touch with fellow Lions by 'phone or social media to offer encouragement or support to vulnerable neighbours. Our Lions family as well as our own families are important at times like this. I hope those able to will get involved in local or national voluntary schemes – while keeping safe and within the government guidance. We are after all Lions and “where there's a need there's a Lion”.

You will probably be aware that the Multiple District Convention due to have been held in May has been cancelled. Information has been sent out and this will continue so please pass it on to all club members. My thoughts are with all our members – stay home – stay safe and keep your distance – but keep in touch!

We will get through this together – We Serve.

Lion Andrew Kerr Sutherland
District Governor 105N

District Governor Elect 105N 2020-2021



Fellow Lions , Lionesses and Partners

Christine and I would like you all to know that our thoughts are with you, your partners, your family and friends at this very difficult time. We are now in a situation with Covid 19 that none of us have ever witnessed before.

It is very disappointing that we have had to cancel our visits to your club meetings and Charters for the foreseeable future which we were both looking forward to. Hopefully in a few months' time our visits will be able to recommence.

Thank you to those Lions who in recent weeks have very kindly agreed to take on Cabinet and District Officer posts during the next Lionistic year, it is much appreciated.

If I can be of any help or assistance over the coming months please do not hesitate to telephone or email me contact me and I will do my very best to help all I can. In the meantime do take care and remember “Kindness matters” and that has never been so poignant.

Lion David Wilson
District Governor Elect. 105N

Travelling Lion Scores.

Thorne Rural Lions 33 Holderness Lions 12.

I'm aware that several Club Charters, meetings and other events have been cancelled due to the on-going restrictions which are in place. I am also aware that our volunteering work will be restricted, as a lot of members will be heeding instructions to “self isolate” for a while, until the situation improves. This will mean that “Travelling Lion” will be restricted for some time, but if you do visit or help, and are able to have a card signed, please do so, and send them on to me at the usual address.

During this period of restrictions, please be careful, and let us hope that we are not too long before we are back to a near normal lifestyle, and back to doing our volunteering work.

Lion Roy Field, MJF.
District 105N Competitions Officer

Around the Clubs of District 105N

South Wolds Branch Club of Pocklington Lions

District 105"N" Children and Cancer Project in Cameroon

In conjunction with District 105N's Children and Cancer project in Cameroon we had the privilege of a visit to Zone N14's meeting by two visitors, both of whom have been given a Commonwealth Fellowship for the work they are doing for these children in their respective countries.



One was a lady from Tanzania and the other was Glenn, the program manager and nurse lead in Cameroon, the Centre with which we are involved. The fellowship awards were allocated by World Child Cancer which is a national charity based in London and which works in low funded areas of Africa.

In a population of 5 million people, around 1,400 children in Cameroon are diagnosed with cancer every year. In 2012 there was no in depth knowledge or treatment of paediatric oncology so the chance of survival by those children affected was 0%.

Now there are 4 Child Health Centre's in Cameroon, 3 of which are led by clinicians and / or pediatric nurses all of whom have had training in the diagnosis and treatment of some children's cancers. As a consequence currently children in Cameroon with 5 types of the more common children's cancers have a 30% to 60% survival rate.

A wonderful achievement you must agree, and all this is because of the local partnership with the regional Paediatric Oncology Unit in Leeds where they receive medical, nursing and social training in these specific cancers from diagnosis to palliative care.

Childhood cancer used to be considered as a Western disease and is relatively rare, but here in the UK there is an overall 80% survival rate and for those children whose treatment is unsuccessful there is an excellent palliative care service for children in their own homes.

Continued in next column

One of the biggest challenges in Cameroon is the lack of diagnosis at an early stage and much work is going on to recognize signs of the disease much earlier. The Health Centre's are mostly led by nurses and they are trying to address this problem by talking to parent support groups, churches and other community groups to make them aware of what to look for.

The treatment of childhood cancers in Cameroon is also very expensive and if there was not involvement with World Child Cancer and donations from the Lions Clubs to share resources many of these children could not be treated. Another difficulty is transportation of children to the Health Centre's for treatment, some of them having to travel up to 200kms. This is where the local Lions clubs are assisting.

Almost a year ago and with the help of Geoff Leeder, the International Director, we were able to contact the local Lions Club to ask them to be involved. At that stage they had no idea of the work that was being done by Cameroon and Leeds, but during Glenn's talk he was very appreciative of the support that was now being given by Lions Clubs locally. The 2 clubs involved are Douala Lions Club and Yaounde Lions Club.

Leeds Pediatric Oncology team continue to offer support and 3 members of the team visit Cameroon twice a year, with video conferencing taking place in between.



Rachel from LGI with members of Douala Lions Club

The lady from Tanzania listened to Glenn with interest and further to discussion she felt that her work would certainly benefit from the involvement of local Lions in Tanzania and we offered to try to make links there too.

It was a very interesting evening which certainly made us feel we were truly International Lions undertaking one of LCI's projects, "Children and Cancer".

Lion Margaret Riley,
Secretary, South Wolds Lions Club.

Hornsea District Lions Club

Hornsea District lions Club recently gave a donation of £750 to Leven Explorer Scouts. This was to help fund their trip to the Netherlands in the Summer.

Once they disembark the Hull-Rotterdam Ferry they will cycle to their camp site. They will be visiting a number of other locations during the 12 day stay.



The photograph shows LP Jenny Eldred with Scout Leaders, Scouts and Lions

On their return, they will give a presentation at a regular Lions meeting about their trip.

Lions Help Men in Sheds

Just over a year ago, an enterprising individual in the town, decided to try and set up a “Men in Sheds” group. The aim being to create a place where men who find themselves “at a loose end” or simply want to get together with others of the same age group and perhaps do something useful for the community by putting their various skills to use.

He was fortunate enough to secure a disused building which was suitable for his project.

Having received a request for “Financial Assistance”, Hornsea District Lions Club stepped in and gave them a grant of £2800.

At the cheque presentation, the Chairman of the newly formed Trustees, Alan Cusworth, said how grateful everyone in the group (now totalling 30 members) was for the “Fantastic donation”. It would enable them to fix all the electrics and make the building habitable and a safe place to meet.

Lion Mel Watson
Hornsea District Lions Club

Morpeth Lions Club

Over many years, the Lions Club of Morpeth has enjoyed a mutually beneficial relationship with Coca Cola Commercial Enterprises (CCCE) on Coopies Lane.
Continued in next column

In particular with Dave Hunt who is very involved with community matters.

If the Lions needs extra numbers to assist with fundraising, Dave can be relied on. Likewise, there are CCCE events organised by Dave where he might ask for assistance from the Lions.

Recently Dave organised a CCCE Games Day involving the Morpeth, Wakefield and East Kilbride factories and, as has been the case for many years, the Lions were happy to provide a few extra hands. Amongst other things they manned the raffle stall which raised £291.

At the end of the event Lion Vice President Peter Crook took great pleasure in presenting a Certificate of Appreciation to Dave saying ‘We Lions enjoy serving our community however we realise there are times when we need help. You, Dave, have always been a first port of call when help is needed. Invariably, when you are able, you come up trumps. So, on behalf of the Lions Club of Morpeth, thank you Dave for all you do for us and the wider community.’



Dave Hunt receives his Certificate of Appreciation from Morpeth Lions Club Vice President Peter Crook.

Lion Simon Pringle
PRO Morpeth Lions Club

Tynedale Lions Club

After the 105N conference ,DG Lion Andrew decided that he would like to visit the Tynedale Lions Men’s Shed, to present his Certificate of Appreciation to the Club, for their excellent work in the local community.

Expressing an interest in accompanying him was Dr.Patti Hill, our 3rd vice International President.

It was a great pleasure for our President Lion Mike Potter, along with the project leaders Lions John and Ann Rooke, to welcome them ,show them around and explain how the Club went about obtaining the funding for the project. The project is going from strength to strength, with pressure on us to increase the number of sessions we currently offer.

Continued Overleaf



The group photo shows from left DG Lion Andrew Dr Patti Hill Lions John and Ann Rooke and Lion President

Lion Ian Cave
Chairman PR & Membership Committee

Harrogate Lions Club

Harrogate Lions Club longest serving member, James Mason, was presented with a Melvin Jones Fellowship Award at the members' annual Charter dinner. He joined the Club in 1982 and has been club president three times, secretary, treasurer, and zone chairperson.



James with President Carol Houseman and Secretary David Terzza

James thanked the members for honouring him with an MJF award , "I was totally surprised and had no idea that I would be receiving one and it means more to me, that it was bestowed on me by a wonderful group of friends and fellow Lions."

Lion Carol Houseman
President Harrogate Lions Club

Morpeth Lions Club

Lions Charity Swim 2020

Last weekend Morpeth Leisure Centre was the centre of action with teams of swimmers participating in the Lions Club of Morpeth's Lions Swim. 21 teams were in action raising money for charity or their organisations by completing as many lengths of the pool as possible

Continued in next column

in 55 minute sessions over a six hour period. The event is made possible by sponsorship from several local firms. An incredible 2,190 lengths were swum altogether, equating to around 55 km or approximately the distance from Morpeth to Belford. This is some achievement when considering the young age and disabilities of many contestants.



Morpeth Milan Girls Football Team

Everyone was a winner but one of four teams from Morpeth Amateur Swimming Club managed the most lengths in the allotted time. They totalled a splendid 153 lengths on a day when most teams swam 100 lengths and over. Other teams came from the 6th Morpeth Scouts, 4th Morpeth Cubs, Scouts, Leaders, Guides and Brownies, Morpeth Milan Girls Football teams, CCEP Morpeth and Cleasewell Hill School. As usual the Morpeth Mayor and the Town Council fielded teams, this year raising money for the Northumbria Blood Bikes.



Lion President Les Brindley with Alison Byard and the Mayor's Team.

Lion President Les Brindley organised the whole event with support from many of his fellow Lions. Les thanked the teams, the sponsors, Schweppes Coca Cola for bottled water, Active Northumberland for use of the pool and all who helped and supported on the day. Sponsorship monies are now being collected and presentations to the teams will be made in a few weeks' time

Lion Chris Afford
Acting Press & Publicity Officer

Membership

We welcome the following members into District 105N and into Lions Clubs International

Lion Ian Large	Normanton & District Lions Club
Lion Stephen Benson	Prudhoe & Mid Tyne Lions Club
Lion Jo Nicol	Prudhoe & Mid Tyne Lions Club
Lion Elaine Prime	Thorne Rural Lions Club
Lion Mathew Rogers	Tickhill District Lions Club
Lion Alan Guy	Teesdale District Lions Club
Lion Viv Guy	Teesdale District Lions Club

Reinstated

Lion William Oxley	Ryedale Lions Club
--------------------	--------------------

Transfers

Lion John Boulton	Boroughbridge 98 Lions Club
Lion Paul Devey	Elmet Lions Club

Obituaries

We remember those Lons, Lionesses and their partners of District 105N who have passed on to higher service as reported by Lions Clubs International



Barnsley Lions Club

Lion Carol Green MBE

Ryedale Lions Club

Lion Geoffrey Chaplin

Our thoughts are with their families at this sad time

Lion Marilyn Bennett
District 105N MLCI Officer

Morpeth Lions Club

For a number of years members of the Lions Club of Morpeth have involved themselves in environmental matters affecting the area. Examples include the William Turner Garden, Bug Hotels, Litter picking and now a re-cycling stall at the monthly Farmers' Market. This has come about following the success of the Lion's Giving Tree in the lead up to Christmas.

The initial March stall saw a great response from the Morpeth public. Items being collected include ink cartridges, spectacles, hearing aids, postage stamps and school uniforms. In particular there were many school uniforms which have been delivered to

the Stobhill Link Community office. Spectacles and Hearing Aids go to a central collection point where they are sorted for the benefit of the Third World population. Ink cartridges go to Cleaswell Hill School whilst used postage stamps are received by a health charity.



Morpeth Lions Recycling Stall

As well as these items, next month the Lions are hoping the public will also donate Easter Eggs for local children who might not otherwise receive any. In future months, other items may be requested in accordance with need.

Lion President Les Brindley said 'As ever the people of Morpeth have shown their generosity towards people in need. I am grateful to them and all the Lions and helpers who staffed the stall. This will be an on-going monthly event which will, hopefully, grow from strength to strength. It has certainly got off to great start.'

Lion Simon Pringle
PRO Morpeth Lion club

Keighley Lions Club

Not much to report this month...club meetings suspended indefinitely, fund raising and social events cancelled. One plus, we have started conversations with Keighley local radio with a view to working together for our mutual benefit. Our members are trying to keep in touch with each other...even though the best we can do is offer support and have a natter!



Perhaps next month might see an upturn...but till then...to all our Lion friends and contacts...keep safe!

Lion Harry Ambler
Keighley Lions Club

Filey Lions Club

Filey Lions Support Their Local Community Through the Corona Virus

To help and support their local Community during the current Corona virus (Corvid-19) outbreak Filey Lions Club have set up a delivery service led by their Lion President John Casey and his wife/ Club Secretary Lion Brenda.

When the announcement was made on the 16th March by the Premier Minister that the way forward was to self-isolate Filey Lions Club sprang into action and had a leaflet printed, with the assistance of other like-minded individuals, for distribution to every household in their patch. The leaflet, went out on the 23rd March the day full isolation was imposed, provides useful information including a mobile help line number that self-isolating members of the community can telephone if they need shopping doing or a prescription picking up. The mobile telephone number was also widely circulated via Face book the club having over 2000 followers.

The service operates 7 days a week initially operated by Lion John and his wife Lion Brenda, but this has soon changed to a service operated by a rota of fit and active young retired Lions and their partners, none of the Lions are in the vulnerable categories. The service is totally operated from the Club's own minibus to help the Club receive maximum publicity but also on the advice of the Local Police Inspector who was keen that members were fully insured to drive and make deliveries and also for when the Police were making random road side stops to ascertain where car drivers were heading, the Lions minibus could be waved straight through.

A full supply of hand gel, antiseptic spray, paper wipes and gloves have all been very kindly provided to reduce the chances of spreading and infection or virus.

The shopping is all carried out at our local Tesco Supermarket, who are very supportive of our club (they were presented with a Melvin Jones Fellowship 2 years ago for their support to the Club) and one of the two local Boots pharmacies. The Tesco Store like all other supermarkets at this time, have a queuing system for entry but not for Filey Lions when on delivery duties, we just have to turn up at the exit where customers are leaving wearing our distinctive vis jackets and we are allowed straight into the store to shop. When the shopping is complete our vulnerable residents are telephoned and a mutual time is agreed for the shopping to be delivered, the cost of the shopping is provided and the shopping is delivered and left outside their home and in return the money for the goods is left in a safe place for retrieval.

To help individuals that would prefer to receive their shopping and medication direct from a business the Club has also compiled a list of shops that are prepared to deliver direct to self-isolating individual's homes, this again has been widely circulated both by the self-isolators and the local businesses.

The Lion on duty each day, and there are 8 of them on the rota, carry the mobile phone, take calls, receive and deal with orders as they are rung in and at the end of the day the phone and the minibus keys are handed over to the next Lion on the rota ready for the next day action.

The service is receiving great community support and helping Filey Lions Club live up to our motto of We Serve- because kindness matters."

Lion David Wilson
Filey Lions Club

Thorne Rural Lions Club

Young Leader in Service Officer Lion Christine Whiteley along with Lion President Auriol Henton of Thorne Rural Lions Club were pleased to present eighteen-year-old Emma Kenny from Trinity Academy, Thorne with a Gold Award for completing 127 hours' community work.

L-R. Lion Christine, Emma and Lion President Auriol

Lion Chris Whitely
Thorne Rural Lions Club





Lions Clubs International Convention 2020



The International Board having cancelled this year's International Convention in Singapore and having tried to find an alternative venue have now, due to concerns about the Corona Virus, decided to cancel the 2020 International Convention altogether. This means the next International Convention will be held in 2021 in Montreal, Canada.

The cancelling of the International Convention for 2020 impacts International continuity and candidate elections. After a review of the International Constitution and By Laws, this impacts as outlined as follows.

- Executive officers and International Directors will now continue in their respective positions until the 2021 International Convention in Montreal. This will mean International President Choi will do a second year and International Director Lion Geoff Leeder will do a third year as International Director instead of two years. Lion Geoff was due to step down at the end of this year's International Convention.
- District Governors, 1st and 2nd Vice District Governors elected during a Convention of their respective Districts will be accepted by Lions Clubs International. The new District Governor Teams will take up post from the 1st July 2020.

Lion Dave Wilson

District Governor Elect 105N

In order to publish the May edition on time please ensure your articles are with me no later than

Friday 24th April 2020

Lion George W Morgan

District 105N Newsletter Editor